Grasp Aware

Instructions for Use

What's in the box?

- Grasp device
- iPad 10.2" 64 GB (9th Gen)
- Grasp Aware app (Compatible with iOS 14.0 or newer)
- Grasp Insight (Web browser)

iOS / Android

Approved in EU

Charged by USB

Bluetooth

60
Days battery life
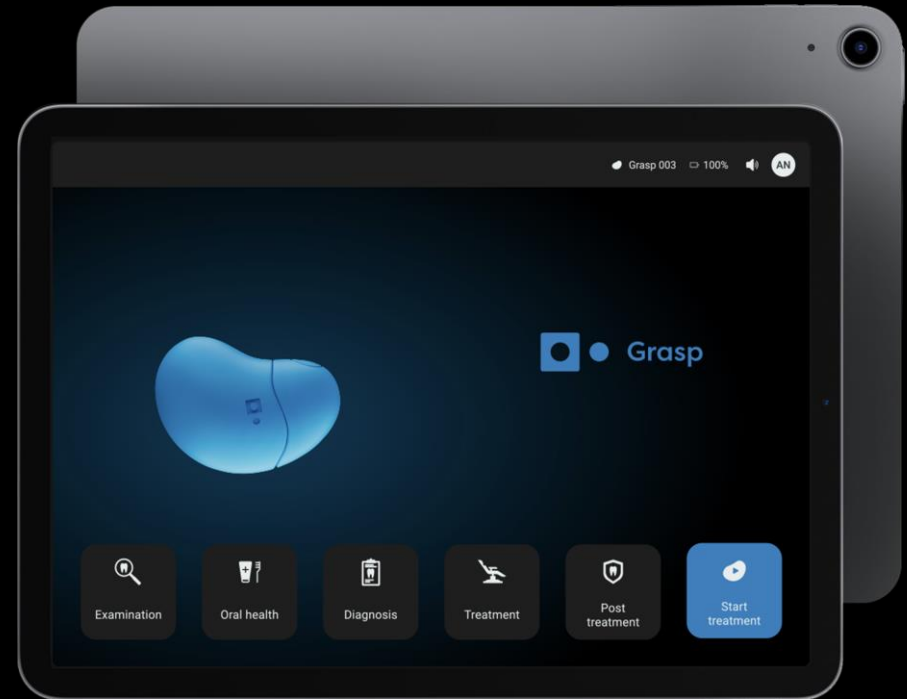in standby mode

Getting started

1. Set up the tablet
2. Download the app
3. Connect the Grasp device

Getting started
Set up the tablet

1. Make sure your iPad is charged and ready for use
2. Connect the iPad to a secure Wi-Fi network to ensure a stable connection

Getting started
Download the app

1. Open the App Store on your iPad
2. Log in with your Apple ID if necessary. The Apple ID and password are included in the package.
3. Search for the Grasp Aware app and download it to your device.

Getting started
Connect the Grasp Device

1. Open the Grasp Aware app after downloading.
2. Log in with username and password (these were included in the introduction mail for Grasp Aware)
3. You will be asked to connect to the Grasp device.
4. Make sure the Bluetooth in the iPad is turned ON.
5. Squeeze and hold the Grasp device hard for six seconds until it begins to flash a blue light.
6. Press the Connect-button in the app (see screenshot
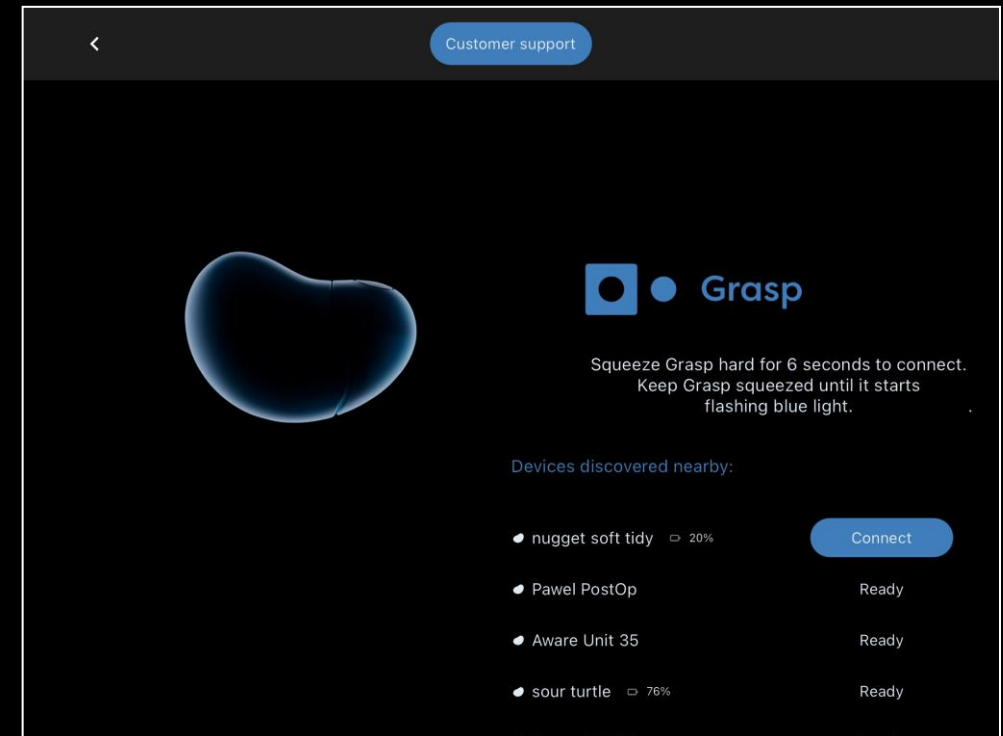
Get to know the application

1. Main screen
2. User Panel
3. Patient education
4. Your insights
5. Your reports
6. Your sessions
7. Start treatment
8. Customer support
9. Grasp news
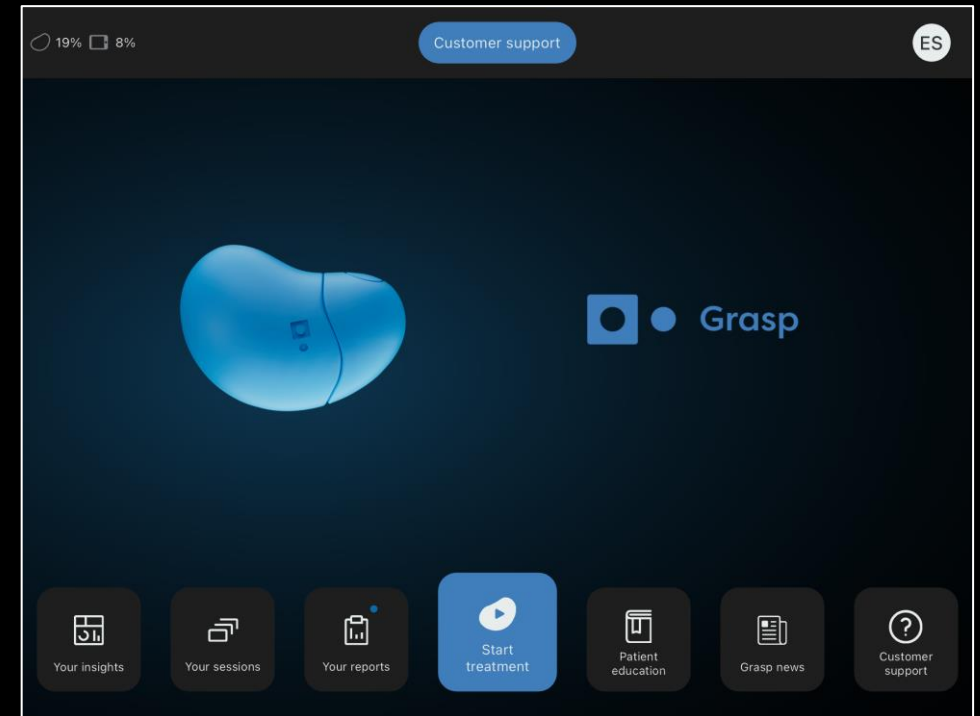
Get to know the application
Main screen

Upon entering the main screen, you can navigate to the following sections:

1. Your insights – Delve into tailored insights about your sessions, procedures and much more.
2. Your sessions – Access a summary of all historical sessions.
3. Your reports – Access reports about all sessions in your clinic.
4. Start treatment – Commence a new treatment session.
5. Patient education – Access videos or infographics related to oral health.
6. Grasp news – Get up to date with the latest news from Grasp.
7. Customer support – Access customer support and troubleshooting resources.
8. User Panel – Tailor your software settings and manage user accounts.
9. Device Status – Monitor the battery status of your Grasp device and tablet.
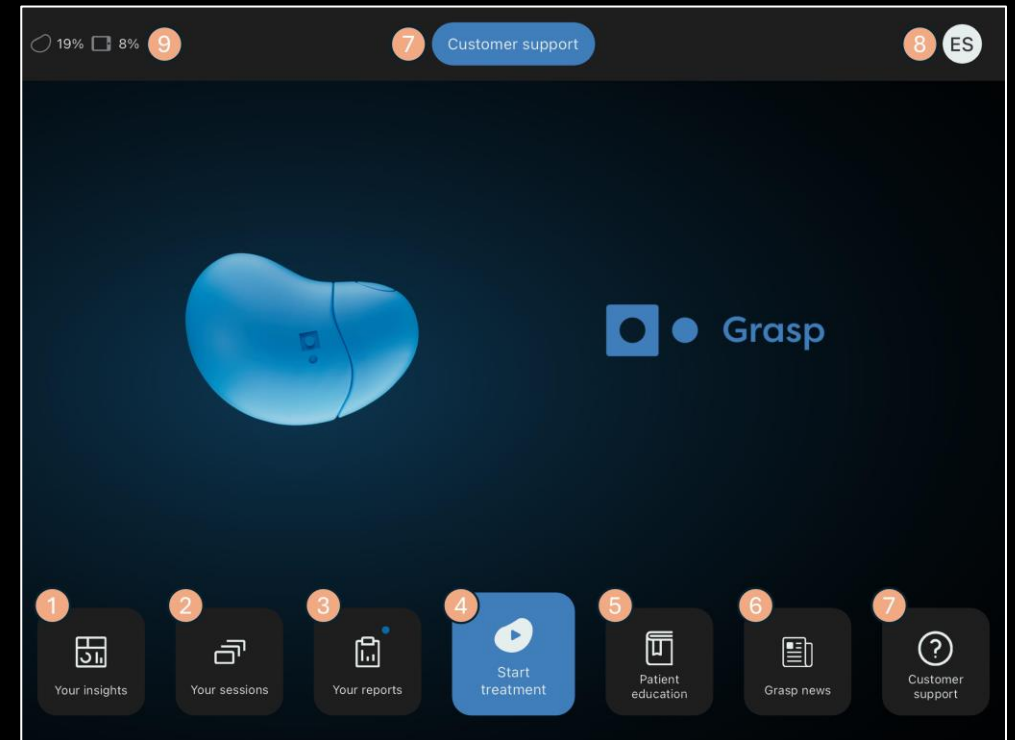
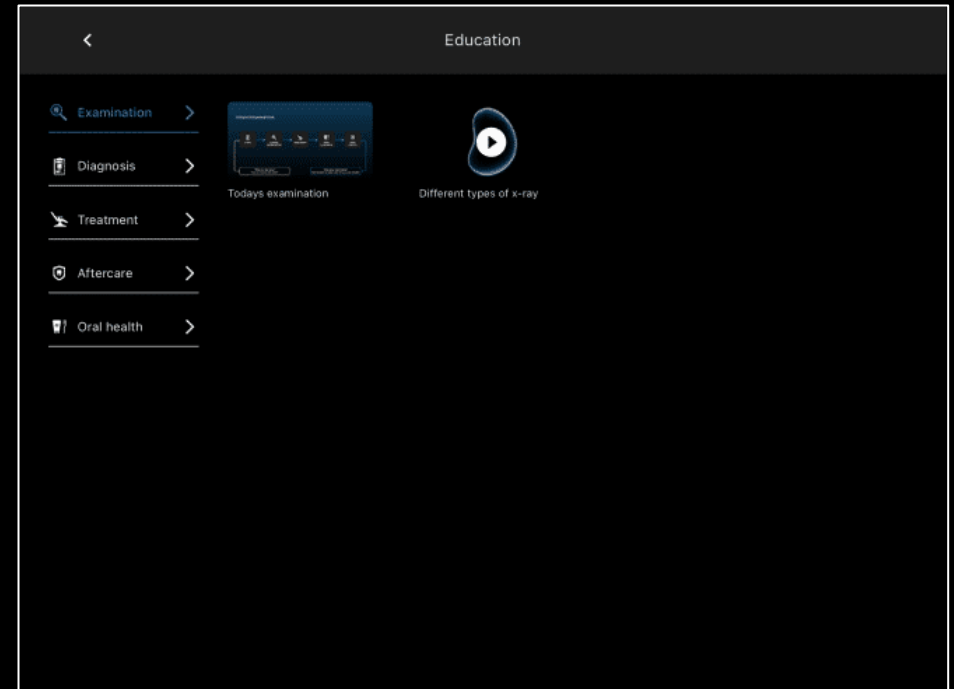# Get to know the application
User Panel

1. Launch the User Panel from the Main Screen.
2. Modify the application's language by tapping the flag icon.
3. Transition between users by selecting an account in the 'Switch User' panel.
4. In the 'Info' panel, review device specifics, such as battery level, serial number, and firmware version.
5. Opt for 'Disconnect' to sever the connection with the Grasp unit.
6. Use 'Log out' to exit the active user session.
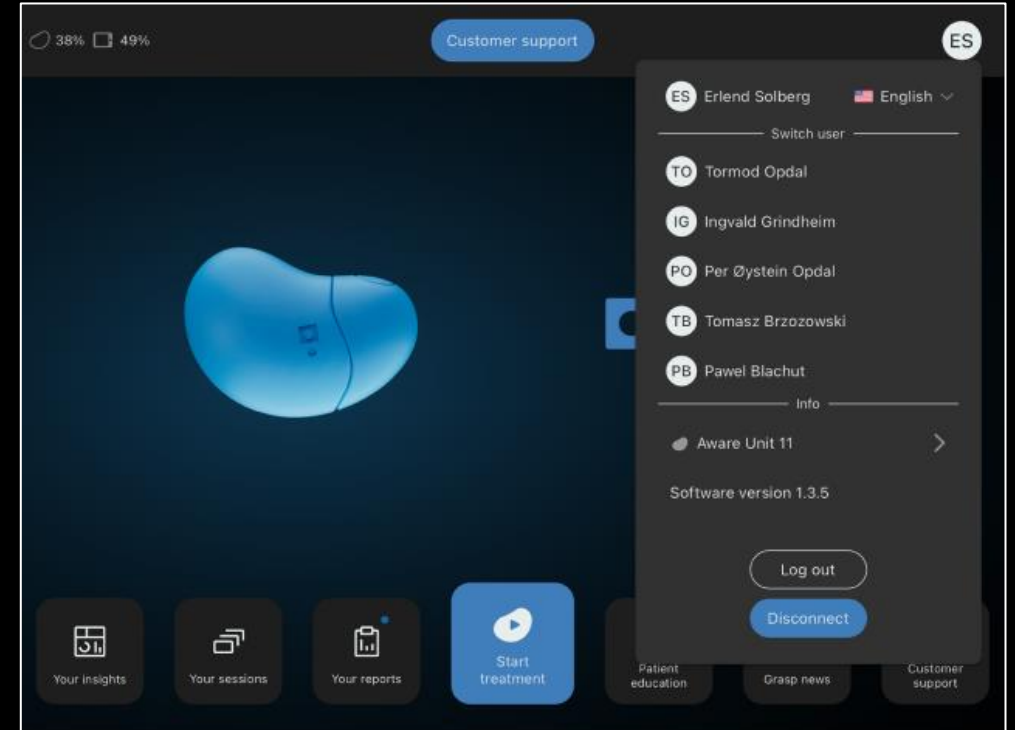
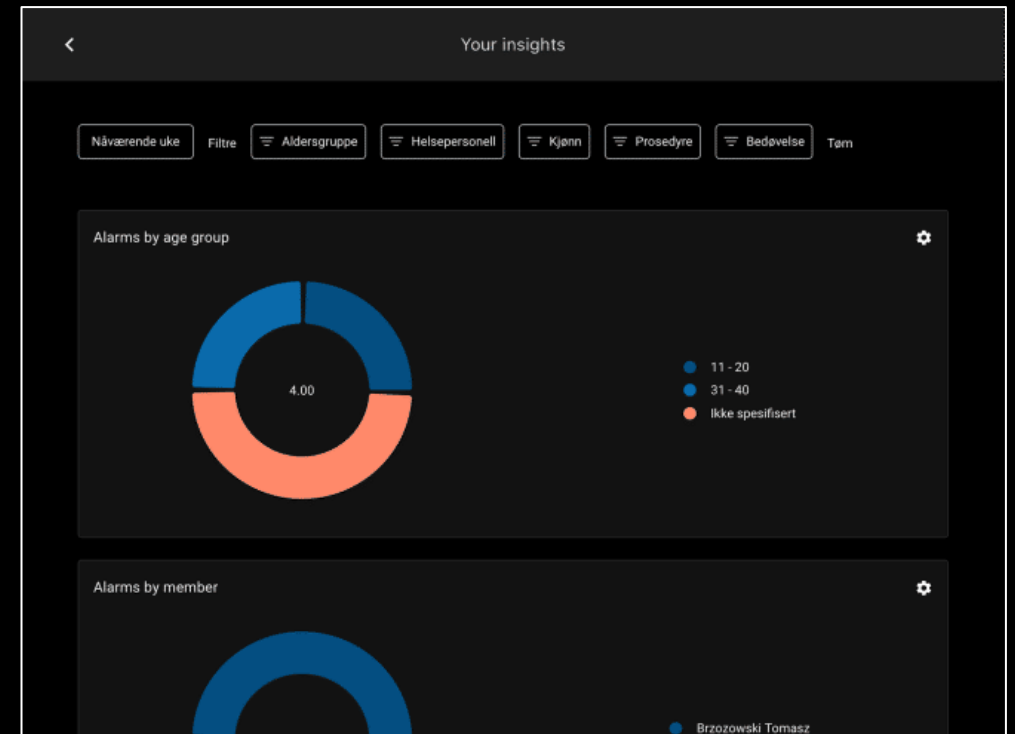Get to know the application
Patient education

1. Enter the Patient Education section from the Main Screen.
2. Select from the assortment of educational content available.
3. Display the chosen video or infographic for patient learning.

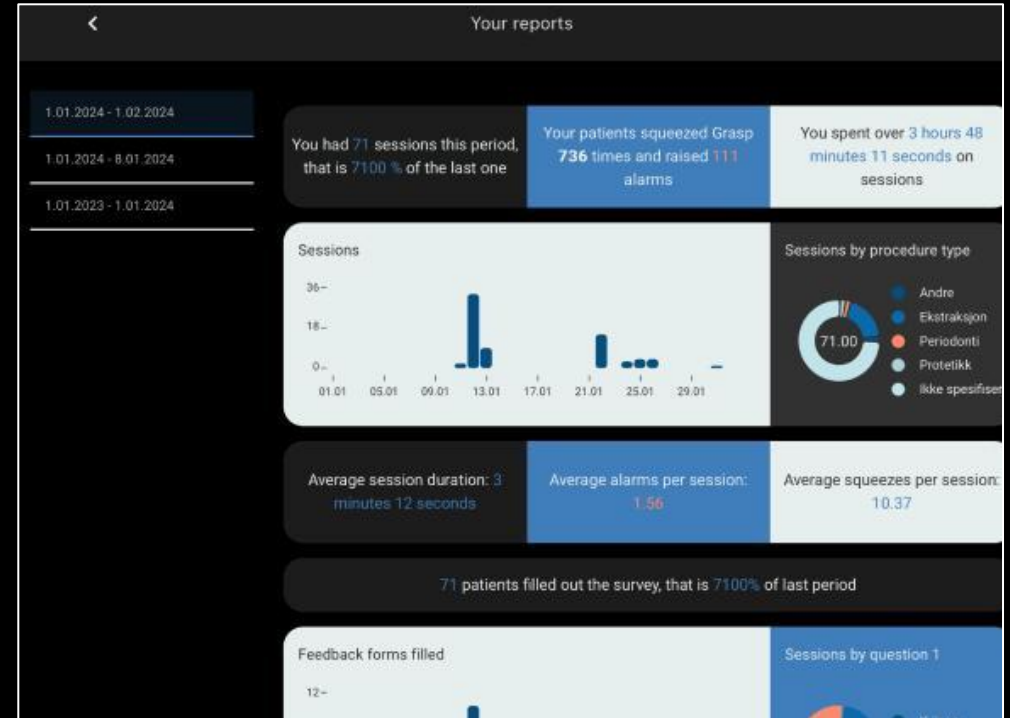## Get to know the application
Your insights

1. Access Your Insights directly from the Main Screen.
2. Set or modify the period for chart data display. Engage with the data by comparing across different periods or specifying custom dates.
3. Apply filtering options to examine trends based on patient questionnaires.

Get to know the application
Your reports

1. Open the Your Reports section from the Main Screen.
2. In the left column, designate a time period for report generation.
3. Receive an encompassing report for the chosen time frame, which includes the number of sessions, frequency of use, the average number of alerts per session, and much more.

Get to know the application
Your sessions

1. Select "Your Sessions" from the Main Screen.
2. From the top left corner, choose a time frame for session review (default: Last 30 Days).
3. This interface delivers a thorough summary of all sessions within the specified time frame.
4. Implement filters to sort sessions by demographic details or procedure characteristics.
5. Engage with any session listing to examine its specific details, including timelines, durations, and alerts.

Get to know the application
Start treatment

Start a new treatment session by pressing Start Treatment in the Main Screen:

1. Monitor session duration
2. Check intensity level based on squeeze duration, strength and quantity
3. Tap on the icon to switch between predefined sound schemes
4. Tap on the icon to edit sound schemes in equalizer
5. If the patient does not have the strength to reach alarm threshold, use the slider to adjust squeeze range
6. Stop treatment
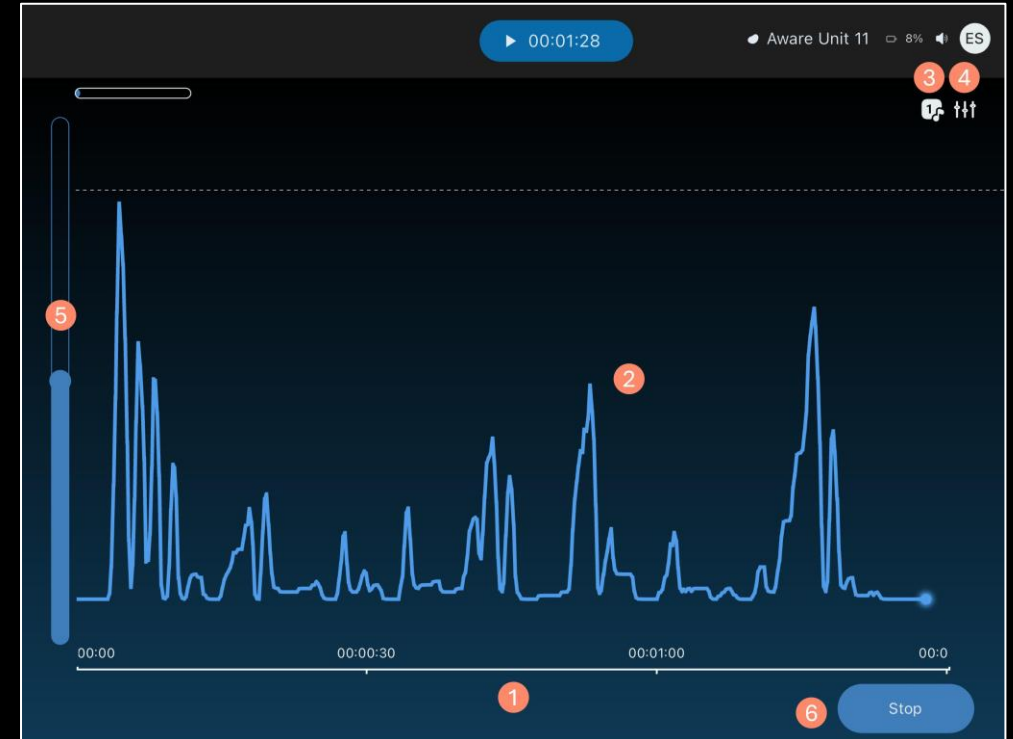
Get to know the application
Customer Support

Navigate to "Customer Support" from the Main Screen to find assistance tailored to your needs. Options for support are conveniently located at the top of the screen and via the icon at the bottom right.

1. Utilize the top menu to select the relevant support category for your issue. The left menu offers a list of common queries and their detailed answers for quick self-service.
2. If your issue persists, indicate how you would prefer to be contacted—choose from a phone call, SMS, or email—and our support team will reach out to provide personalized assistance.
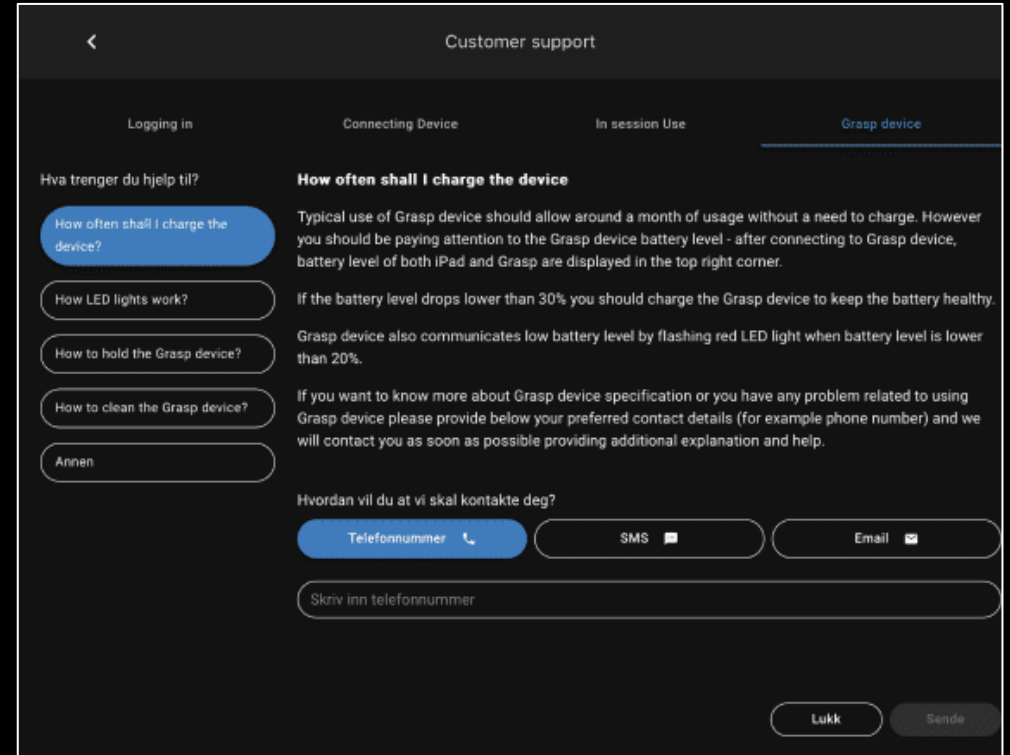
Get to know the application
Grasp news

Keep up-to-date with the latest developments and announcements in the Grasp News section.
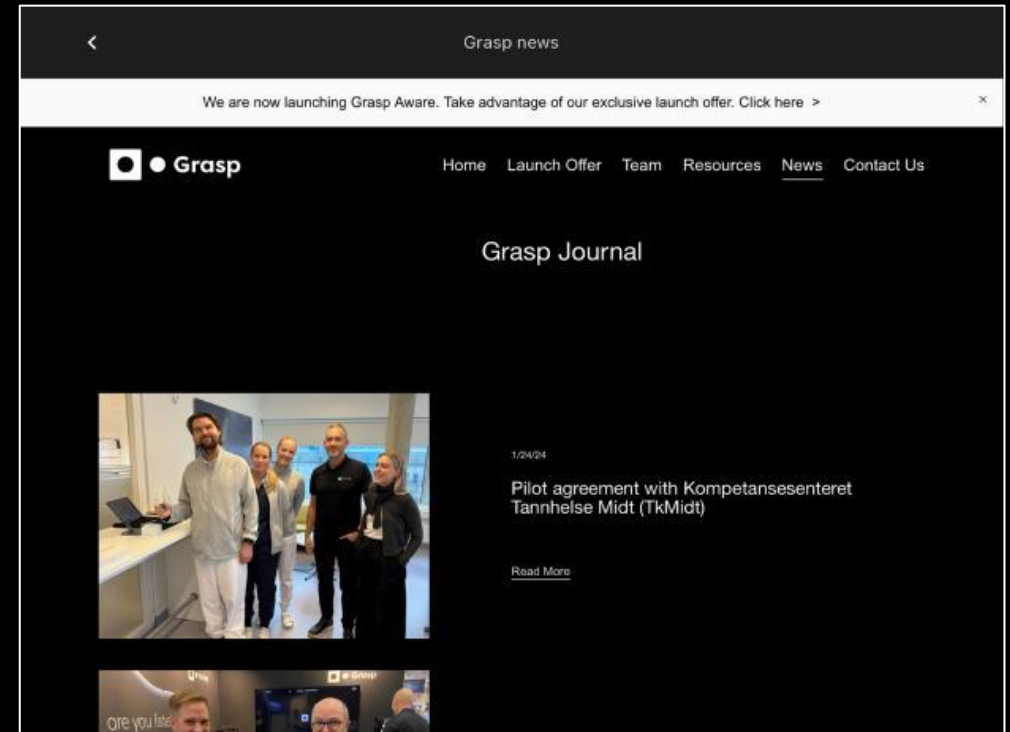
How to use Grasp Aware?

Select between three user modes:

1. Notification mode
2. Coping mode
3. Distraction mode

How to use Grasp Aware?
Notification mode
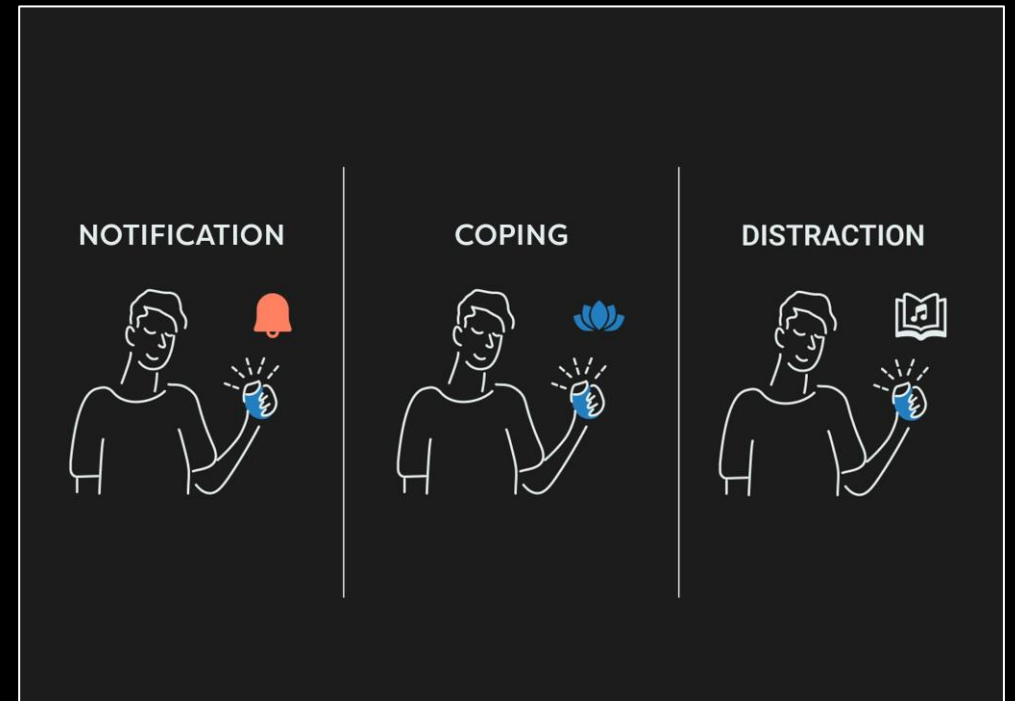
Instructions for using notification mode:

1. Hand over the Grasp device to the patient at the start of treatment.
2. Explain that a light press on the device will send a signal to you as the dentist, indicating a need or desire from the patient.
3. As a dentist, you should pause to confirm that you understand each signal by stopping the treatment and addressing the patient's needs.

How to use Grasp Aware?
Coping mode

Instructions for Coping Mode:

1. Hand the Grasp Aware device to the patient when they are ready for treatment.
2. Inform the patient that pressing the device will produce an auditory signal that varies in tone based on the intensity of the press.
3. Different pressures will result in different sound intensities, informing the dentist of the patient's status.
4. If a firm press is made, the sound will change in character. This indicates that you, as the dentist, must pause the treatment and immediately attend to the patient's comfort and needs.

How to use Grasp Aware?
Distraction mode

Instructions for Distraction ode:

1. Preparation: Begin by explaining Distraction Mode to the patient and demonstrating the Grasp Aware device.
2. Choice of distraction: Allow the patient to choose a preferred audio experience before starting the treatment.
3. Operating instructions: Show the patient how they can start and control playback with a simple press on Grasp Aware.
4. Need to stop: Instruct the patient on how to use the stop function by pressing hard on the device if they want the treatment to stop immediately. As a dentist, be prepared to immediately respond to the alarm signal by pausing the treatment and addressing the patient's needs.